

ASTHMA EDUCATION PROGRAM

DON'T LET ASTHMA KILL YOU

If You Can't Breathe, Nothing Else Matters

LEARN MORE ABOUT IT . . .

Asthma Education Classes

Community Resource Room, 1st floor

Wednesday 10 am - 12 p.m.

Friday 3 p.m. - 5 p.m.

(except holidays)

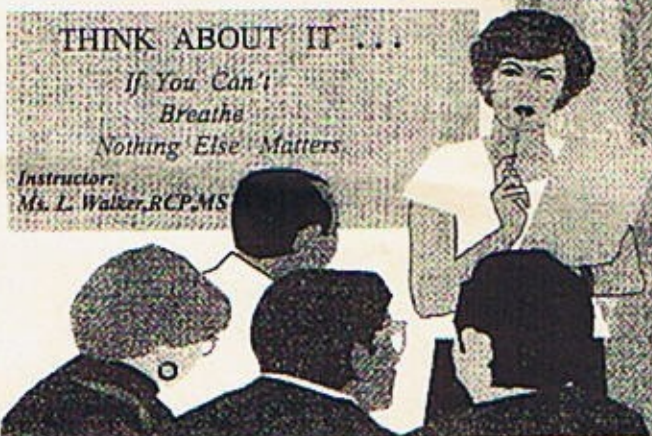
Asthma Clinic

Thursdays

Peds: 8am - 12pm

Adults: 1pm - 4pm

Location: *Inquire at front desk*



◆ FREE ◆

- > Information & Instructions
- > Peak Flow Meters and Chambers
- > Doctor Appointment
- > Snacks
- > Certificate Upon Completion

   **CONTACT**

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- ✉ Provident Hospital of Cook County
- ✉ 500 East 51st. Street
- ✉ Chicago, IL 60615

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**Provident Hospital
of Cook County**

Cook County Bureau of Health Services



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